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TSO report on balancing in accordance with Article 60 of Commission Regulation (EU) 2017/2195 of 23 November 2017 establishing a guideline on electricity balancing

28.6.2024



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List of Abbreviations

ACER	Agency for the Cooperation of Energy Regulators
aFRR	Automatic Frequency Restoration Reserve
BCC	Balancing Capacity Co-operation
BSP	Balancing Service Provider
BRP	Balance Responsible Party
CZC	Cross-Zonal Capacity
DSR	Demand Side Response
EBGL	Commission Regulation (EU) 2017/2195 of 23 November 2017 establishing a guideline on electricity balancing
ENTSO-E	European Network of Transmission System Operators for Electricity
FCR	Frequency Containment Reserves
FCRD Up	Frequency Containment Reserve for Disturbances Upwards
FCRD Down	Frequency Containment Reserve for Disturbances Downwards
FCR-N	Frequency Containment Reserve for Normal operation
FRR	Frequency Restoration Reserve
Fingrid	Fingrid Oyj
ISH	Imbalance Settlement Harmonisation
ISP	Imbalance Settlement Period
LFC	Load-Frequency Control
mFRR	Manual Frequency Restoration Reserve
NRA	National Regulatory Authority
RES	Renewable Energy Sources
RR	Replacement Reserves
SOGL	Commission Regulation (EU) 2017/1485 of 2 August 2017 establishing a guideline on electricity transmission system operation
TSO	Transmission System Operator



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1 Introduction

Regarding the transmission system operator (TSO) report on balancing, Article 60 of Commission Regulation (EU) 2017/2195 of 23 November 2017 establishing a guideline on electricity balancing (hereinafter referred to as "EBGL") states

"At least once every two years, each TSO shall publish a report on balancing covering the previous two calendar years, respecting the confidentiality of information in accordance with Article 11.".

This document is the third TSO report on balancing published by the Finnish TSO Fingrid Oyj (hereinafter referred to as "Fingrid") in accordance with Article 60 of the EBGL and it covers the calendar years of 2022 and 2023 (hereinafter referred to as "reporting period"). The previous reports were published in 2020 and 2022 covering the two-year periods 2018-2019 and 2020-2021 respectively.

This report has three chapters including this Chapter 1 on introduction and background. Chapter 2 presents the Executive Summary that will be contained in the European report on integration of balancing markets pursuant to Article 59(6) of the EBGL (the so-called ENTSO-E Balancing Report). The Executive Summary covers the aspects listed in the *Template for the Executive Summary of Each (Article 60) TSO Report on Balancing, in Accordance with Article 59(6) Commission Regulation (EU) 2017/2195 of 23 November 2017 establishing a guideline on electricity balancing which provides guidelines to harmonise the executive summaries of the different European TSOs. In addition, this TSO report on balancing also contains the items listed in Article 60(2)(a–g) of the EBGL. These items are collected in Chapter 3 correspondingly.*



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2 Executive Summary

This chapter presents the Executive Summary of Finnish TSO which will be included in the ENTSO-E Balancing Report 2024. This chapter follows the guidelines provided in the *Template for the Executive Summary of Each (Article 60) TSO Report on Balancing, in Accordance with Article 59(6) Commission Regulation (EU) 2017/2195 of 23 November 2017 establishing a guideline on electricity balancing.* This chapter provides an overview of the Finnish balancing products and markets. This chapter also covers joining the European balancing platforms and balancing capacity cooperation as well as the terms and conditions from the national point of view. Additionally, this chapter summarises the dimensioning and balancing capacity procurement explained more in detail in Chapter 3.



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2.1 Introduction

The Finnish power transmission system locates geographically in Northern Europe and is a part of the Nordic synchronous area which consists of the transmission systems of Finland, Sweden, Norway, and Eastern Denmark. This comprises the Nordic load-frequency control (LFC) block. There are only one scheduling area and one bidding zone in Fingrid's control area.

The market design is based on the self-dispatch model. The types of reserve used in the Nordic synchronous area to balance the system are Frequency Containment Reserves (FCR) and Frequency Restoration Reserves (FRR). The FCRs are reserves used for the containment of frequency. The FCRs are divided into three reserve products: Frequency Containment Reserve for Normal Operation (FCR-N), Frequency Containment Reserve for Disturbances Upwards (FCR-D Up), and Frequency Containment Reserve product used in the Nordic synchronous area and Fingrid started its procurement on the 1st of January of 2022. FRRs are reserves whose purpose is to restore the frequency to the nominal value of 50.0 Hz and release the activated FCRs. The FRRs are divided into two reserve products: Automatic Frequency Restoration Reserves (RR) and Manual Frequency Restoration Reserve (mFRR). Replacement Reserves (RR) are not used in the Nordic synchronous area.

The size of the reserve markets varies between these five reserve products as demonstrated in the table below presenting the number of balancing service providers (BSPs) by reserve product. Technology-neutrality is one of the main principles when designing the reserve markets in Finland. Thus, the resources are treated in equal manner and all types of technologies can participate in the reserve markets as long as the requirements are met. Currently, demand side response (DSR) and batteries participate widely in Finnish FCR markets. The FCR-D Up market has proven to be potential especially for DSR whereas all the FCR markets are well fitted for batteries. For instance, over 40% of the prequalified capacity of FCR-D Up is from DSR and 17% of FCR-N is from batteries. Balancing energy bids from Renewable energy sources (RES), especially for mind production, increased significantly during 2023. On windy days, the majority of mFRR down regulation bids were submitted from wind assets, up to almost 900 MW. An ongoing pilot project Wind power for the Reserve Markets is expected to bring wind assets to FCR and aFRR markets soon. Solar power joined automatic reserves for the first time in 2023.



Reserve product	Nordic volume	National share	National requirement	Number of BSPs
FCR-N	600 MW	20 %	122 MW	20
FCR-D Up	Up to 1450 MW	20%	Up to 295 MW	20
FCR-D Down	Up to 1400 MW	20%	Up to 240 MW	14
aFRR	300–400 MW	15.5%	46-62 MW	11
mFRR	N/A	N/A	N/A	43

TABLE 1. THE RESERVE VOLUMES AND NUMBER OF BSPS AT THE BEGINNING OF 2022.

2.2 Progress, timeline towards joining the European platforms and / or balancing capacity cooperations

European balancing platform for the activation of balancing energy	Accession timeline and status of accession	Reasoning for derogation and status of the derogation (granted or not)
RR Platform	N/A	N/A
aFRR Platform	Accession planned 10/2024	Derogation granted until 24.7.2024 due to simultaneous joining of the Nordic synchronous area.
mFRR Platform	2026	Derogation granted until 24.7.2024 due to simultaneous joining of the Nordic synchronous area.
IN Platform	N/A	N/A

Balancing capacity cooperations	Status (MoU, project, member, observer)	Accession timeline	
Nordic aFRR CM	member	In operation	
Trilateral mFRR capacity market between Denmark, Finland and Sweden	member	Planned to be implemented in November 2024	



The following content can be included in the Section 2 on a voluntary basis:

Question:	Please select an option:
Q1: Did you carry out regulatory and IT developments for allowing Demand, RES and Storage to participate at European balancing platforms	Yes
1.1. If response in Q1 is "no", why?	-
1.2. If response in Q1 is "yes", what were the main results"?	The terms and conditions for the BSPs are technology-neutral and allow full participation from DSR, RES and batteries.
Q2: Did you carry out regulatory and IT developments for adopting standard energy products (aFRR, mFRR, RR balancing energy products) in your system?	Yes
1.1. If response in Q2 is "no", why?	-
1.2. If response in Q2 is "yes", what were the main results?	The market management system has been developed to enable adopting standard energy products.
Q4: Do you procure a standard product for balancing capacity?	Yes (aFRR) & No (mFRR)
Q5: What are the main characteristics?	aFRR balancing capacity product fulfils the characteristics of a standard product. mFRR balancing capacity has longer Full Activation Time (15 min.).
Q6: Did you assess the potential for exchange of balancing capacities or sharing of reserve?	Yes, Nordic aFRR capacity markets are in place and Nordic mFRR capacity markets will be launched in November 2024
6.1. If response in Q6 is "no", why?	-
6.2. If response in Q6 is "yes", what were the main results?	The exchange of balancing capacities creates socio-economic benefits.
Q7: Are you already involved in a BCC as a member or as an observer?	Νο



2.3 Evolutions of the terms and conditions for BRPs and BSPs related to the EB regulation implementation during the last 2 calendar years and further evolutions foreseen for the future

Evolution of the terms and conditions for BSP		
Terms and conditions for providers of automatic Frequency Restoration Reserves (aFRR)	approved and valid from 17.2.2024, <u>Link</u>	
Terms and conditions for providers of automatic Frequency Restoration Reserves (aFRR)	approved and valid from 29.5.2024, <u>Link</u>	
Terms and conditions for providers of Frequency Containment Reserves (FCR)	approved and valid from 22.5.2023, <u>Link</u>	
Terms and conditions for providers of Frequency Containment Reserves (FCR)	approved and valid from 29.5.2024, <u>Link</u>	
Terms and conditions for providers of manual Frequency Restoration Reserves (mFRR)	approved and valid from 23.5.2023, <u>Link</u>	
Evolution of the terms and conditions for BRP		
Appendix 1 part 1: FINGRID OYJ'S GENERAL TERMS AND CONDITIONS CONCERNING BALANCE MANAGEMENT	approved 17.2.2023, <u>Appendix 1 part 1</u>	
Appendix 1 part 2: FINGRID OYJ'S GENERAL TERMS AND CONDITIONS CONCERNING IMBALANCE SETTLEMENT	approved 17.2.2023, <u>Appendix 1 part 2</u>	
Appendix 2: Fee components and determination of fees	approved 30.11.2023, <u>Appendix 2</u>	

Evolution of the terms and conditions for BRP – "Content" should include, among other information, the following content as per the Articles 52, 53, 54 and 55 in the EB Regulation:

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Question:	Please select an option:
Q1. Was 15-min Imbalance Settlement Period (ISP) implemented by 1 January 2024?	Implemented
1.1. If response in Q1 is "derogation" or "exemption", until when was this derogation/exemption granted?	-
Q2. Has your TSO made use of additional components pursuant ISH Methodology Art 9(6) as per 1 January 2024?	Yes
2.1. Scarcity component?	Not considered
2.2. Incentivizing component?	Implemented
2.3. Component related to financial neutrality of the TSO?	Not considered
Q3. Has your TSO made use of dual pricing as	No
per 1 January 2024?	
3.1. Condition (a)	Not considered
3.2. Condition (b)	Not considered
3.3. Condition (c)	Not considered
3.4. Condition (d)	Not considered
3.4. Condition (e)	Not considered

2.4 Summaries and main results of the analysis of Articles 60(2)(a-f):

During the reporting period, the Nordic TSOs maintained three types of FCR products for the Nordic synchronous area: FCR-N, FCR-D Up and FCR-D Down. The Nordic TSOs have agreed that currently the FCR-N volume for the entire synchronous system is 600 MW. The total capacity is distributed among the Nordic TSOs based on the shares which are updated yearly. The share of a TSO is calculated based on the sums of annual electrical energy consumption and generation in the TSO's control area and in the synchronous area. The required Nordic volume of FCR-D is 1450 MW for up-regulation and 1400 MW for down-regulation corresponding to the reference incidents in the Nordic synchronous area. The distribution of the FCR-D Up and FCR-D Down capacities between the Nordic TSOs are calculated similarly to the FCR-N.

The national requirements for mFRR up-regulation and down-regulation volumes are currently determined by the dimensioning incidents of the control area in question. In other words, the Nordic TSOs dimension the mFRR volumes for their own control area and determine the required distribution within their control area individually. aFRR is seen as an automatic complement to mFRR in the frequency restoration process. Thus, the Nordic TSOs determine the hours for which aFRR shall be procured and dimensioned on a



quarterly basis for the next three months. The procurement hours have been 20 hours per day during the reporting period.

During the reporting period, the dimensioning rules as referred in Articles 127, 157 and 160 of the SOGL were not in use in the Nordic LFC block. Therefore, Fingrid has not performed analyses on optimal provision of reserve capacity following the procedure required by Article 32(1) of the EBGL.

Fingrid utilises the exchange of balancing capacity and the sharing of reserves whenever needed and cost-effective. During the reporting period, Fingrid has purchased FCR-N and FCR-D from the domestic yearly and hourly markets as well as from the Estonian and Russian HVDC links (until May 2022) and from other Nordic countries by inter-TSO trades. Furthermore, Fingrid has purchased mFRR from the domestic markets and has a contract for sharing and exchange of mFRR with the Estonian TSO Elering. Nordic TSOs launched the Nordic aFRR capacity markets including the possibility to allocate transmission capacity for the exchange of the aFRR-capacity in December 2022. During the reporting period, transmission capacity is reserved only in the transmission direction from Finland to Sweden. The allocation of transmission capacity has been possible in the direction from Sweden to Finland since February 18th 2024.



3 TSO Report on Balancing

This chapter is compiled as per Article 60(2)(a-g) of the EBGL. In other words, this chapter contains seven sections and there is a section for each item in Article 60(2)(a-g) of the EBGL.

3.1 (a) include information concerning the volumes of available, procured and used specific products, as well as justification of specific products subject to conditions pursuant to Article 26

Article 26(1) of the EBGL states

"Following the approval of the implementation frameworks for the European platforms pursuant to Articles 19, 20 and 21, each TSO may develop a proposal for defining and using specific products for balancing energy and balancing capacity.".

During the reporting period, the implementation frameworks for the European platforms were approved by ACER. However, the implementation frameworks have not been implemented yet. Thus, the balancing products used during the reporting period cannot be defined as specific products as denoted in the EBGL. Hence, the requirement in question is inapplicable and Fingrid cannot provide a more precise response on this item.

3.2 (b) provide the summary analysis of the dimensioning of reserve capacity including the justification and explanation for the calculated reserve capacity requirements

This section comprises a summary description of the dimensioning of FCR and FRR in the Nordic synchronous area during the reporting period. It is worth noticing that the dimensioning rules for FRR will be changed in the future to comply with the Commission Regulation (EU) 2017/1485 of 2 August 2017 establishing a guideline on electricity transmission system operation (hereinafter referred to as "SOGL"). The target model for FRR dimensioning will be based on Article 157 of the SOGL and the associated methodology for the Nordic LFC block. The FCR dimensioning process is based on Article 153 of the SOGL and the associated methodology for the Nordic national regulatory authorities (NRAs). However, the future FRR dimensioning process is not described in this report further but instead the procedures for dimensioning that were used during the reporting period are described below.

3.2.1 The current procedure for dimensioning and distribution of FCR

During the reporting period, the Nordic TSOs maintained three types of FCR products for the Nordic synchronous area: FCR-N, FCR-D Down and FCR-D Up. In contrast to the



previous reporting period, Fingrid started to procure the FCR-D Down-regulation product (FCR-D Down) at the beginning of 2022 in addition to the previous FCR-D up-regulation product (FCR-D Up). Therefore, the dimensioning principles of all three of them will be explained in this section.

FCR-N is used for continual imbalances during normal operation to maintain the frequency within the ± 100 mHz range of the nominal frequency of 50.0 Hz. For this reason, the purpose of FCR-N is not to mitigate the consequences of a disturbance such as the reference incident. Instead, the purpose of FCR-D is to mitigate the impact of single incidental disturbances, including the reference incident. FCR-D Up activates linearly based on frequency deviation between 49.9–49.5 Hz and FCR-D Down activates linearly between 50.1–50.5 Hz.

It is agreed within the Nordic TSOs that currently the agreed FCR-N volume is 600 MW for the entire synchronous system. This total capacity is distributed among the Nordic TSOs based on the shares which are determined every year for the following year using the data of the previous year. The instructions to calculate the distribution of FCR were updated in January 2020. According to the updated methodology, the TSOs' shares are revised each year in October and will enter into force on the 1st of January each year. The share of a TSO is calculated as the ratio of the sum of annual electrical energy consumption (in TWh) and generation (in TWh) in the TSO's control area and the sum of the annual electrical energy consumption and generation in the synchronous area. In other words, the share of a TSO is calculated using the following formula:

 $Share_{TSO} = \frac{Consumption_{TSO} + Generation_{TSO}}{Consumption_{Synchronous area} + Generation_{Synchronous area}}.$

The share of each TSO is rounded to the closest integer given in MW.

Currently, the required FCR-D Up capacity is equal to the largest possible active power deficit caused by the Nordic LFC block's reference incident, in other words, the sudden loss of an individual major component (generation unit, transmission line, importing HVDC interconnector, transformer, bus bar etc.). Respectively, the required FCR-D Down capacity is determined based on the largest possible active power surplus caused by the sudden loss of an individual major component (consumption unit, exporting HVDC interconnector etc.). The required total volume of FCR-D is 1450 MW for up-regulation and 1400 MW for down-regulation. The distribution of the FCR-D Up and FCR-D Down capacities between the Nordic TSOs are calculated similarly to the FCR-N.

3.2.2 The current procedure for dimensioning of FRR

The Nordic FRR dimensioning has strongly been dominated by mFRR as aFRR has been a process under development and meanwhile aFRR has been procured and dimensioned to a limited volume. However, the role of aFRR has been increasing and will increase further in the future. During the past few years, the number of the procurement hours has



been increased significantly, and the procured volume has been increased slightly for certain hours too.

Dimensioning of mFRR

mFRR shall exist to restore the faster reserve products FCR-N, FCR-D Up, FCR-D Down, and aFRR whenever these reserves have been activated. mFRR can also be proactively activated to prevent a frequency deviation, for instance in case of an (expected) deterministic frequency deviation. mFRR shall exist also in normal operation and the mFRR reserves shall be localised to the extent of still being capable of balancing the synchronous system at any time. mFRR is dimensioned by the Nordic TSOs individually based on the assessment of local requirements in each control area taking into account the dimensioning incidents and network constraints.

The national requirements for mFRR up-regulation and down-regulation volumes are currently determined by the dimensioning incidents of the control area in question. In other words, the Nordic TSOs dimension the mFRR volumes for their own control area and determine the required distribution within their control area individually. Each control area shall have mFRR volumes available equivalent to or greater than the dimensioning incident in the control area in question. In contrast to the previous reporting period, Fingrid started to procure mFRR down capacity in January 2023 in order to secure sufficient reserves. The procured down capacity started initially at 150 MW but is increased along with the increase in liquidity in the capacity market to eventually cover the dimensioning incident. The concept of dimensioning incident is defined as a fault which results from the loss of an individual major component (generation unit, transmission line, HVDC interconnector, transformer, bus bar, consumption unit etc.) and has the greatest impact upon the power system from all the fault events considered. In addition to preparing for the dimensioning incident, the TSOs must also have reserves or other measures available to handle other imbalances which are correlated with dimensioning incidents or two or more simultaneous faults which may occur within the TSO's control area or on the borders to other control areas.

Dimensioning of aFRR

National aFRR capacity markets were introduced in the Nordic synchronous area in January 2013. During the reporting period, the national capacity markets were followed by a common Nordic aFRR capacity market in December 2022. The background to implementing and developing aFRR was the deteriorating frequency quality and aFRR was identified and agreed within the Nordic TSOs as one of the main measures to stop the weakening of the frequency quality. The aFRR product is seen as an automatic complement to mFRR in the frequency restoration process. The Nordic LFC block centrally activates aFRR from a single LFC controller. Based on the measured frequency, this LFC controller calculates the required activation of aFRR and distributes the activation requests to the Nordic TSOs pro-rata. Consequently, each Nordic TSO distributes the activation requests to the contracted aFRR providers in its control area.



Each quarter of a year, the Nordic TSOs determine the hours for which aFRR shall be procured and dimensioned for the next three months. These hours include the hours during which the frequency variations tend to be most challenging. Previously, aFRR was procured only in the morning and evening hours during which the frequency variations have been most challenging whereas before the reporting period, the Nordic TSOs decided to increase the aFRR procurement hours up to 20 hours a day starting the first quarter of 2022.

The Nordic TSOs expect that balancing the future power systems will require more automated balancing instead of manual balancing. Therefore, the role of aFRR will evolve in the future since the Nordic TSOs have decided to gradually increase the number of aFRR contracting hours to all hours a day in the future.

3.3 (c) provide the summary analysis of the optimal provision of reserve capacity including the justification of the volume of balancing capacity

Article 32(1) of the EBGL states

"All TSOs of the LFC block shall regularly and at least once a year review and define the reserve capacity requirements for the LFC block or scheduling areas of the LFC block pursuant to dimensioning rules as referred in Articles 127, 157 and 160 of Regulation (EU) 2017/1485. Each TSO shall perform an analysis on optimal provision of reserve capacity aiming at minimisation of costs associated with the provision of reserve capacity."

During the reporting period, the dimensioning rules as referred in Articles 127, 157 and 160 of the SOGL were not in use in the Nordic LFC block. Therefore, Fingrid has not performed analyses on optimal provision of reserve capacity following the procedure required by Article 32(1) of the EBGL. Based on this, it is inapplicable to Fingrid to provide the summary analysis of the optimal provision of reserve capacity including the justification of the volume of balancing capacity as per Article 32(1) of the EBGL.

3.4 (d) analyse the costs and benefits, and the possible inefficiencies and distortions of having specific products in terms of competition and market fragmentation, participation of demand response and renewable energy sources, integration of balancing markets and side-effects on other electricity markets

Please see Section 3.1 above.

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3.5 (e) analyse the opportunities for the exchange of balancing capacity and sharing of reserves

Fingrid utilises the exchange of balancing capacity and the sharing of reserves whenever needed and cost-effective. During the reporting period, Fingrid has purchased FCR-N, FCR-D Up and FCR-D Down from the domestic yearly and hourly markets as well as from the Estonian and Russian HVDC links (until March 2022) and from other Nordic countries by inter-TSO trades. Furthermore, Fingrid has purchased mFRR from the domestic market and has a contract for sharing and exchange of mFRR with the Estonian TSO Elering. The domestic mFRR capacity market also transitioned from a weekly market to an hourly market during the reporting period at the end of 2022. Nordic TSOs launched the Nordic aFRR capacity markets including the possibility to allocate transmission capacity for the exchange of the aFRR-capacity in December 2022. During the reporting period, transmission capacity is reserved only in the transmission direction from Finland to Sweden. The allocation of transmission capacity has been possible in the direction from Sweden to Finland since February 18th 2024.

Along with the existing alternatives for the exchange of balancing capacity and sharing of reserves, Fingrid, Svenska Kraftnät and Energinet are preparing to establish a trilateral cross-border mFRR capacity market between Finland, Sweden, and Denmark in November 2024. The purpose of the establishment of common Nordic market for mFRR capacity is to increase the socio-economic efficiency on a Nordic level and to increase operational security in the most efficient way. The current dimensioning process of mFRR capacity results in mFRR volumes per LFC area which is equal to the bidding zone. When the common mFRR capacity market is in use, the calculated reserve requirements of a LFC area can be procured from other LFC areas within the common market if there is available cross-zonal capacity (CZC) that can accommodate the exchange.

According to Article 33(4) of the EBGL the TSOs can either decide to ensure CZC for the exchange of balancing capacity based on a probabilistic approach or in accordance with one of the three alternative methodologies specified in the EBGL: 1) Article 40 – "Co-optimised allocation process", 2) Article 41 – "Market based allocation process", or 3) Article 42 – "Allocation process based on economic efficiency analysis". Based on both the theoretical assessments and the practical experience, the Nordic TSOs consider that the application of a market based CZC allocation methodology will lead to the most socio-economically efficient use of the CZC in the Nordic region in overall. Hence, the proposed methodology for a marked-based allocation of CZC for in accordance with Article 41 of the EBGL can be used for both aFRR and mFRR.



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3.6 (f) provide an explanation and a justification for the procurement of balancing capacity without the exchange of balancing capacity or sharing of reserves

This item is inapplicable since Fingrid utilises the exchange of balancing capacity and the sharing of reserves whenever needed and cost-effective and uses also inter-TSO trades for aFRR and mFRR capacity. Additionally, the common Nordic aFRR capacity market has been introduced in December 2022, and the trilateral mFRR capacity market will follow in November 2024. Please see Section 3.5 for more information on the exchange of balancing capacity and sharing of reserves.

3.7 (g) analyse the efficiency of the activation optimisation functions for the balancing energy from frequency restoration reserves and, if applicable, for the balancing energy from replacement reserves

As explained above in Section 2.1, FCRs and FRRs are used in the Nordic synchronous area to balance the system whereas RRs are not used. During the reporting period, mFRR was the only balancing product with an energy activation market in the Nordic synchronous area the rest of the reserve products having solely balancing capacity markets. The marketplace of the mFRR energy activation is maintained by all the Nordic TSOs (Fingrid, Energinet, Statnett and Svenska Kraftnät). The TSOs activate bids on the market whenever necessary during normal operation and disturbances. mFRR balancing within the Nordic synchronous area is based on the system operational situation and available information from all the Nordic TSOs and the optimisation of mFRR activation is carried out based on the decisions of operators. The operational situation affects the required volume of mFRR balancing energy, and the activation is done manually following the merit-order of the balancing energy bids. The activation of aFRR capacity bids was performed pro-rata within the TSOs. However, this changed in June 2024 as the Finnish national aFRR energy market launched on 12th of June. Following the introduction of the aFRR energy market, the activation is done based on the merit-order of the aFRR energy bids. Therefore, there are currently no activation optimisation functions applied to optimise the activation of balancing energy in the Nordic synchronous area.